Unit 1 History and Approaches Concept Sheets

Directions: As you read the modules (pages 1-28) in Unit I, answer the following questions fully and in complete sentences. You cannot type your responses.

1. Explain empiricism in your own words. How might an empiricist make conclusions about the human mind and behaviors?
2. How was Wilheim Wundt instrumental to the field of psychology?
3. Look up Max Wertheimer and the Gestalt psychologists on pages 182-184 in the textbook. How do the Gestalt psychologists differ from early structuralists? Give an example of how they differ.
4. What is functionalism?
5. How did John B. Watson and B.F. Skinner view psychology?
6. Describe the cognitive revolution of psychology. How does this contribute to the modern-day field of psychology?
7. Describe the biopsychosocial approach to psychology.
8. What is the nature/nurture debate in psychology?
9. What is the difference between a psychologist and a psychiatrist?
10. Read the Close-Up section on page 16-17. Name three techniques described in the article that can help you improve your score on tests, such as the AP exam. How can you use these techniques in your post-secondary education to benefit yourself?